

RECEIVED

MAY 31 2016

Time 11:15 A
Thomaston Town Clerk
Ed Olcese

SENIOR ADVISORY BOARD
THOMASTON, CT
MAY 23, 2016

Meeting called to order by acting chairman Bill Gloade at 12:34pm. Present: Bill Gloade, Marie Olcese, Ed Mone, Ed Olcese, Mary Ann Martin and Evie Platt

Absent: Bob White (ill), Fran Savage, and Ray Nedderman

Marie Olcese read meeting minutes of February 22, 2016 Evie Platt stated correction to be made to the headings of Grove Manor versus Green Manor. Motion was made to accept the minutes as corrected by Ed Olcese and seconded by Evie Platt. Approved by all attendees

Green Manor: Bill Gloade stated that there are no more lunches at the manor on Wednesday due to state budget cuts. Mary Ann Martin also stated that there were cuts to M.O.W.

Grove Manor: Evie Platt stated that the roofing project is basically complete. The drop down staircase is to be completed. The repointing of the building is currently out for bids.

Senior Center: Ed Olcese stated that the St Patrick Day luncheon was held at the end of March and was well attended (64 seniors). The Thomaston Women's Club sponsored a mini opera at the Thomaston Opera House for the seniors, which was very enjoyable and had a very good turnout. Creative Writing is on hiatus for the summer. AARP driving class was hosted in early May and another is scheduled for October. A Rite Aid Wellness Ambassador is to come and speak on various topics that can be offered free of charge. Bob Majary is to come to the next meeting to speak of the Memorial Day display that will be showing on this Saturday prior to the holiday. Walter Robinson is also scheduled to speak in June regarding two books he has written. With the help of Mary Ann Martin a grant was obtained from the Rotary Club; Ed Olcese attended the luncheon to receive a check for \$300, which will go toward the purchase of a copier. Ed is also seeking a committee for the annual picnic. In addition he is looking for someone to audit the books and set up a nominating committee for elections to take place next year. Ed Mone stated that the town bus would be available for pick-up shuttle to the Memorial Day ceremony at the cemetery. It will pick-up behind the town hall at 9:30am Saturday. The collaboration of the town bus with Plymouth will not work with our program at this time.

Municipal Agent: Has been attending several meetings to see what is available to all town seniors. A program sponsored by the CT Community Foundation called the Brass City Harvest runs a nutrition class for 6 weeks. It covers healthy eating and the cost

factor. A requirement of at least 10 seniors must sign up in order to run the classes. Mary Ann will speak with Bunny Savage to see if there is any interest at Green Manor to hold sessions in their kitchen area. There will be free vegetable baskets available at Green Manor on Tuesdays and/or Thursdays. If there is an interest, the funding may be available for Tai Chi classes. This is a gentle exercise, which falls below Yoga. Mary Ann to check with Marty Egan, the Recreational Director, to see if he has any interest. Gail Seymour of the WCAA would like James Dunn to give a presentation on Medicare savings program to the Manors, this presentation had been given to the Senior Center members.

Old Business: None

New Business: Ed Olcese spoke of the disappearance of a member's coat in the hall of the center. The Food Pantry was using the coat rack for coats to be donated and unknown to the member her coat was chosen. Ed has spoken to the individuals responsible and they are trying to recover the coat and will not be using the rack any longer. It was noted that the First Selectman and the Municipal Agent should be added to future agendas. Next meeting of the advisory board is scheduled for August 22nd.

Motion made by Ed Olcese to adjourn, seconded by Evie Platt. Meeting adjourned at 1:32p.m.

Respectfully Submitted
Marie Olcese
Secretary